



Spring 2012



Bethany's *SpiritWalk* program of short courses is designed to deepen Christian discipleship through study and to awaken personal calls to servanthood in the name of Jesus Christ. *SpiritWalk* courses are typically one to twelve weeks in duration. Study widens our knowledge of God and helps deepen our faith through understanding.

Bethany's **In-Depth Bible Study** program enriches our spiritual experience and deepens our commitment to God. We offer a variety of long-term or short-term in-depth Bible study classes, each offering a wealth of information as well as a transforming small-group experience. Please prayerfully consider an in-depth course for the nourishment of your spiritual life.

Thanks to all who took the *SpiritWalk* survey. We will use your input to guide future *SpiritWalk* class offerings.

Bethany United Methodist Church
10010 Anderson Mill Road
Austin, Texas 78750
258-6017

You may view the catalog and register online at
www.bethany-umc.org

SpiritWalk Course Calendar—Spring 2012

<u>SUNDAYS:</u>	Page
9:30 am—10:30 am The Twelve Apostles	Feb 19—Feb 26..... 4
11:00 am—12:00 pm Boundaries: When to Say Yes, How to Say No.....	Jan 22—Mar 18..... 9
1:00 pm—2:30 pm Doing Justice.....	Jan 22—Feb 19 8
1:30 pm—3:30 pm Seminar for Class Facilitators	Jan 15 3
1:30 pm—2:30 pm Micro-Lending to the Poor.....	Feb 12—Feb 26..... 8
3:30 pm—5:30 pm GriefCare: Life After Loss.....	Jan 29—Apr 1 7
5:30 pm—8:00 pm Alpha.....	Feb 12—Apr 29 10
6:00 pm—7:30 pm Laugh Your Way to a Better Marriage	Jan 22—Feb 19 6
6:00 pm—7:30 pm Tobacco & Social Justice.....	Mar 4..... 9
6:00 pm—9:00 pm ReWYRE: Rebuilding When Your Relationship Ends	Jan 22—Apr 1 6
 <u>MONDAYS:</u>	
7:00 pm—8:30 pm Abiding in Christ: The Way of Living Prayer	Jan 30—Mar 26..... 9
7:00 pm—8:45 pm The Revelation.....	Feb 6—Mar 26..... 4
 <u>TUESDAYS:</u>	
6:00 am—7:30 am Men’s Ministry: The Great Adventure	Sep 20—May 11
7:00 pm—8:30 pm Contemplative Action	Jan 31—Mar 6..... 8
 <u>WEDNESDAYS:</u>	
10:30 am—12:00 pm Powerful Tools for Caregivers.....	Feb 1—Mar 7..... 5
7:00 pm—8:00 pm Wednesday Night Bible Study.....	ongoing 10
7:00 pm—8:30 pm Bible Overview	Jan 25—Feb 1 4
7:00 pm—9:00 pm Preparedness Peace	Feb 8—Mar 21 7
 <u>THURSDAYS:</u>	
9:30 am—11:30 am Mom to Mom	Sep 7—May 17 11
6:30 pm—8:30 pm Mom to Mom.....	Sep 7—May 17 11
7:00 pm—8:00 pm Faith and Science	Jan 19—Mar 8..... 5
7:00 pm—9:00 pm Financial Peace University	Jan 19—Apr 19..... 7

Room assignments will be posted prominently
in the church office and hallway, and on the website, www.bethany-umc.org.

How to Register:

Registration for Spring 2012 *SpiritWalk* courses is ongoing. To register please:

1. Fill out the personal information on the back of this page.
2. Indicate your childcare/nursery needs. **Childcare must be requested and paid in advance, and is provided on a first come, first serve basis.** See details below.
3. Mark the squares for your selected course(s) at the bottom of the form.
4. Indicate your total materials fees (if any).
5. Include a check made out to Bethany UMC (write “*SpiritWalk*” on the memo line), OR bring cash to the registration table or church office (see below).
6. Detach the registration form from the brochure, then either:
 - a) Register online at www.bethany-umc.org. ****OR****
 - b) Bring your registration to the *SpiritWalk* registration tables in the Ministry Center on Sundays, January 8, 15 and 22. ****OR****
 - c) Bring your registration to the church office, ****OR****
 - d) Mail your registration to *SpiritWalk*, Bethany UMC.

Scholarships

Please do not let fees for materials be a deterrent to taking a course. Scholarships are available and may be easily obtained by contacting Frank Jacks, Jr., Adult Ministries Coordinator.

Childcare

On-site childcare is provided upon request. **Charge is \$3 per child per class date (\$6 family max per date), payable at registration.** Payment envelopes are also available outside the Nursery, room F108.

Class Limitations & Cancellation Policy

Each class is limited according to room size limitations and other consideration. **Registration is taken on a first come, first serve basis.** Each class also has a minimum student requirement. If we cancel a class because it has an inadequate number of registrants or for some other reason, you will receive a full refund of any materials fee. If you cancel your registration before the course begins, you will receive a full refund. However, if you cancel after the course has begun, your refund will be considered, but is not guaranteed.

SEMINAR FOR CLASS FACILITATORS

Dick Baumgartner Sunday

1 week

Jan 15

1:30—3:30 p.m.

Materials fee: none



This is a seminar to hone your skills in leading adult classes on any subject. New teachers will learn the basics of leading a small group. Experienced facilitators can share skills and pick up a few tips along the way. After covering principles and techniques of adult learning, each participant will do a short practice session as a leader using familiar material. (Class size limited to 12.)

Dick Baumgartner was a certified adult trainer and class developer prior to retirement from professional life. At Bethany he promotes, develops, and teaches both long- and short-term classes.

Bible, Ethics and Comparative Religion

BIBLE OVERVIEW

Connie Ruple **Wednesdays** **2 weeks** **Jan 25—Feb 1** **6:30—8:00 p.m.** **Materials fee: none**

Have you ever wondered how the whole Bible fits together like “one long story?” Come and hear a great overview. Bring a Bible that you are willing to write in and be prepared to learn. It is true: the Old Testament is the New Testament concealed. The New Testament is the Old Testament revealed. Come and learn so you can share with others!

Connie Ruple has been a member of Bethany for 30 years. She is active in the Emmaus movement and has taught Long-term Studies for at least 10 years. Connie developed and taught the "Seeing Can Be Believing" course for many years. Her hobbies include quilting and reading.

THE REVELATION

Dick Baumgartner **Mondays** **8 weeks** **Feb 6—Mar 26** **7:00 – 8:45 p.m.** **Materials fee: \$15**



During October 2011, our church was introduced to The Revelation to John, and the special form of scripture called apocalyptic writing. This is a good time to look deeper and in more detail at this chapter. We will learn about the circumstances of the writing of Revelation and the people who were its intended audience. We will read and discuss the scripture to gain a new understanding of "The Revelation" for our times.

Dick Baumgartner was a certified adult trainer and class developer prior to retirement from professional life. At Bethany he promotes, develops, and teaches both long- and short-term classes.

THE TWELVE APOSTLES

Vickie Koelling **Sundays** **2 weeks** **Feb 19—Feb 26** **9:30—10:30 a.m.** **Materials fee: none**



What happened to the men who answered Jesus' call to follow Him? What kind of impact did they have on the world? Where did they go and what did they do after Jesus' resurrection and ascension? Dr. William Steuart McBirnie answers these questions based on archaeological, historical and biblical information provided in his book, *The Search for the Twelve Apostles*.

Vickie Koelling is a popular SpiritWalk teacher who also sings with the SonShine Singers, plays handbells in the Bethany Bells and loves teaching Bible studies. She has taught an adult Bible study at the Clairmont Retirement Community for over fifteen years. Vickie, her husband Rod and their son Chris have been members of Bethany since 1988. Vickie and Rod are members of the Covenant Sunday School Class. In her spare time, Vickie teaches martial arts.

Church History, Theology and Doctrine

FAITH AND SCIENCE (*Scientists Look at Creation, Evolution, Relationships*)

Dr. Bruce Leach **Thursdays** **6 weeks** **Jan 19—Mar 8** **7:00—8:00 p.m.** **Materials fee: \$10**
Rev. Kristina Carter *(no class 2/2 or 3/1)*

Session 1: Introduction, book, assignment for next session.
Session 2: Biblical literary types, worldviews, science, wonder of creation.
Session 3: Origins, astronomy, big bang, chemistry, creation pleased God.
Session 4: Our place in creation, image of God, relationships, sin.
Session 5: Diversity, Wesley's view, four responses to faith and science
Session 6: Questions, Right relationships, class social

Dr. Bruce Leach is a member of Bethany UMC and the Searchers Class. Dr. Leach has a Ph.D. in Inorganic Chemistry from Iowa State University. He worked 25 years for Conoco and Vista Chemicals. He had nearly 40 patents and edited three volumes on Industrial Catalysis. After early retirement he was an adjunct professor at the University of Texas and currently at Concordia University. He is a Presiding Election Judge for Travis County.

Rev. Dr. Tina Carter has a Ph.D. in Applied Chemistry from Colorado School of Mines. After working as an environmental consultant for about a decade she went to Seminary and completed a Master of Divinity Degree. She spends a lot of time at the "intersections of life" - faith and science, rich and poor, white and not white, secular and sacred. An Ordained Elder in the United Methodist Church, she is currently serving at Parker Lane UMC in southeast Austin.

Family Nurture

POWERFUL TOOLS FOR CAREGIVERS

Pastor David Lutz **Wednesdays** **6 weeks** **Feb 1—Mar 7** **10:30 a.m.—12:00 p.m.** **Materials fee: none**
Cheryl Goad



Are you a caregiver for a parent, spouse, or other older adult? If so, this six-week, 90-minute class developed by Legacy Health System is for you. It is not a support group specific to your care receiver and how you effectively care for him/her; rather, its focus is on you and your health, and helping you to develop self-care tools. Class topics include:

- Taking Care of You
- Identifying and Reducing Personal Stress
- Communicating Feelings, Needs, Concerns
- Communicating in Challenging Situations
- Mastering Care-Giving Decisions
- Learning from Our Emotions

Pastor Dave Lutz and Cheryl Goad, a Stephen Ministry Leader, have received special training to lead this class. The class is limited to 15 persons, so register now. For more information, contact Pastor Dave at 310-9451 (david.august.lutz@gmail.com) or Cheryl at 258-2717 (chegoad@sbcglobal.net).

David Lutz holds a Doctorate in Old Testament Studies from Drew University and a Master's of Divinity from Colgate Rochester Divinity School. He has taught at both the college and university levels and participated in a number of archaeological excavations. He is an ordained United Methodist clergyman and is now assisting part-time as Bethany's Congregational Care Pastor.

LAUGH YOUR WAY TO A BETTER MARRIAGE

Barry Sharp
Suzanne Sharp

Sundays

4 weeks

Jan 22—Feb 19

6:00—7:30 p.m.

Materials fee: none

Pastor Mark Gungor's life-changing "Laugh Your Way to a Better Marriage" is must-have information for married couples, couples in a relationship or those thinking about getting back into the dating pool. This four-session video-led class is hosted by Barry and Suzanne Sharp. This video captures all the fun and facts of Mark's look at life, love, and marriage. Sessions on the DVD are: "The Tale of Two Brains," "Why Does He/She Do That?," "How to Stay Married and Not Kill Anyone," and must-hear information in "The Number One Key to Incredible Sex." Mark Gungor is senior pastor of Celebration Church, a multi-site church in Wisconsin and CEO of Laugh Your Way America. In addition to speaking to groups around the country, Mark is a successful author, radio broadcaster and television guest and producer bringing this knowledge and experience in marriage and relationships to couples throughout the nation. He is married to Debbie, his high school sweetheart and constant travel companion. The Gungors have been married for more than 36 years and have two grown children and four grandsons.

Barry and Suzanne Sharp are the coordinators for Bethany's Marriage Ministry and are a presenting couple for United Methodist Marriage Encounter. Suzanne is a licensed vocational nurse since 1989, and is currently an elementary school nurse in the Leander schools. Barry is a health educator with the state and holds a bachelors from the University of Texas, a master's from Texas State University-San Marcos and has completed the Basic Graduate Theological Studies through Wesley Theological Seminary and United Theological Seminary. He is also a certified candidate for ordination as a deacon in the United Methodist Church. Barry serves on the UMC "Empowering Ministries Conference" planning committee with the General Boards of Pension and Global Ministries. Barry & Suzanne have been members of Bethany for 22 of their nearly 28 years of marriage. They have two teenage children, Bethany and Benton.

RE.W.Y.R.E.: "REBUILDING WHEN YOUR RELATIONSHIP ENDS"

Cecilia Barrentine **Sundays**

11 weeks

Jan 22—Apr 1

6:00—9:00 p.m.

Materials fee: \$75



We believe healing originates from the love that God has for each of us. This Christian-based recovery workshop, coordinated by Director of Care & Connection Ministries, Cecilia Barrentine, is open to anyone in the community who is divorced, separated, widowed, or dealing with the end of a significant love relationship. According to participant surveys, this workshop accelerates personal healing many times faster than that of individuals who do not attend a recovery support program. Dinner is provided at each session as a gift of healing from Bethany Adult Sunday School classes. Based on Bruce Fischer's book of the same name, each three-hour session combines prayer, fellowship, small group sharing and large group presentation to create a community of growth and trust. Former participants will serve as small group facilitators and will alternate in leading weekly presentations. Topics include grief, anger, forgiveness, sexuality, exploring our families and their impact on us and living successfully as a single, just to name a few. The fee includes the book, workbook and all supplies. Scholarships are available upon request and partial payments are accepted.

Cecilia Barrentine joined the staff of Bethany UMC in 1997 and today serves as the Director of Care & Connections Ministries. Cecilia's spiritual gifts are teaching, mercy and pastor/shepherd. Her passions include older adults, facilitating workshops for personal discovery, healing and spiritual growth and encouraging and inspiring people to claim their full potential in Christ. Cecilia is married to long-time Bethany member Mel Barrentine and shares the support and love of Mel's daughters, Johanna and Ashley.

GRIEFCARE: LIFE AFTER LOSS

Wynn Stenftenagel Sundays

10 weeks Jan 29—Apr 1

3:30—5:30 p.m.

Materials fee: \$5



This weekly seminar/support group for people grieving the death of someone close is led by several Stephen Ministers and Wynn Stenftenagel, Care Ministries Pastor. Each week there will be a presentation about loss and grief, followed by a time of sharing and learning. Participants must be at least 18 years of age. The program includes a guidebook/journal, which costs \$5.

Pastor Wynn Stenftenagel is one of Bethany's Care Ministries Pastors and on the Healing Touch Grief Ministry team, offering follow-up care to families during the first twelve months after a death. She is a trained Stephen Minister and has years of experience working in grief ministries and participates in Stephen Ministry

at Bethany.

FINANCIAL PEACE UNIVERSITY

Wayne Daugherty Thursdays

13 weeks Jan 19—Apr 19

7:00—9:00 p.m.

Materials: \$100/family

Jan Daugherty

Does your money/debt have control of you or do you have control over your money? Would you like to take an important step to change your financial future? Financial Peace University is a Total Money Makeover Program. It takes the knowledge from God and turns it into real action in our lives through a step-by-step process taught by best-selling author and financial counselor, Dave Ramsey. FPU is a 13-week life-changing program that empowers and teaches you how to make the right money decisions to achieve your financial goals and God's plan for your life. The course includes practical lessons on eliminating debt, building wealth, giving like never before, and much, much more! FPU is for EVERYONE! ... from the financially secure to the financially distressed. Over 650,000 families and individuals have attended Financial Peace University throughout the nation. Applying God's Word radically changes your life.

Wayne Daugherty is currently a financial advisor and has an MBA from Texas Tech University. He offers over 30 years of experience in the financial/banking industry and has a genuine desire to assist people with their financial journey. His wife, Jan, has been a Human Resource professional in various industries for 25 years, specializing in benefits and retirement plans. They have been Bethany members for several years, and together, they have been blessed with four amazing children and eight glorious grandchildren.

Spiritual Formation

PREPAREDNESS PEACE

Whitney Jinks

Wednesdays

6 weeks

Feb 8—Mar 21 (no 3/14) 7:00 – 9:00 p.m.

Materials fee: \$48



Preparedness Peace is a small group basic disaster preparedness course designed to build a foundation for a lifestyle of preparedness. You will learn how to ready your home and family for most types of disasters. The unique value of this course is that it focuses on the relationship with Jesus and pursuing preparedness in the context of community. This is about preparing not just for your family, but with others in mind as well, so you will be ready and equipped to share the love of God in times of crisis.

Whitney Jinks has been attending Bethany since 2001 and is a member of the Covenant Sunday School Class. She has participated in several ministries at Bethany including Music, Youth, Vacation Bible School and most recently Step Into Africa. She holds a Masters degree in Public Administration from Shippensburg University. She was a Military Officer for seven years and spent over 10 years at Dell. Whitney is married to Bethany member Dick Jinks and they have 2 children, Jack and Mary.

DOING JUSTICE

Kerry Stevens

Sundays

5 weeks

Jan 22—Feb 19

1:00 – 2:30 p.m.

Materials fee: none



What does the Lord require of you but to do justice, love kindness, and walk humbly with your God?

- Micah 6:8

Micah 6:8 provides a simple yet powerful instruction for living out our faith. Working together, these three elements can enable all people to live to their full potential. But what does it mean to 'do justice,' and how do we do it? Often misunderstood and sometimes difficult, 'doing justice' is an essential part of our faith. Join us in this fast-paced, interactive journey exploring justice and how acting justly can bring about positive social change. Learn its Biblical basis, its Wesleyan heritage, and how the United Methodist Church strives to create a more just society. Discover a model and tools for building a more just community and how you can make a difference.

Kerry Stevens has been a member of Bethany for 13 years. He is the chairperson of Bethany's Church and Society Ministry, currently focused on environmental stewardship, fair trade, and education on creating a more just society. He's been actively involved in Children's or Student ministry for 15 years and recently led Bethany's Step into Africa initiative. Kerry serves on the executive team of the Southwest Texas chapter of Methodist Federation for Social Action, has a BSIE from Purdue University and has worked for IBM for 30 years.

MICRO-LENDING TO THE POOR

David Holloway

Sundays

3 weeks

Feb 12—Feb 26

1:30—2:30 p.m.

Materials fee: \$15



In this class we will learn about micro-lending, specifically as a means to enable motivated, yet poor, individuals to lift themselves out of poverty. Many times the poor possess the drive to become entrepreneurs, but lack the start-up resources to start a small business that help both their community and enable them to lift themselves out of poverty. We will work first to understand Kiva, a micro-lending organization that connects and enables individuals in developed countries such as the United States to make loans to poor but very willing entrepreneurs in developing countries, such as Africa. We will then decide on a candidate to make a loan to, using the pooled materials fee from this course. Once a candidate is selected, we will as a group create a loan.

David Holloway has been part of the Bethany family since 2004 and is a lifelong Methodist. He enjoys teaching adult Sunday school and short courses at Bethany. He has also been involved in the housing ministry working with Hands On Housing in Austin since 1993. David holds a Masters degree in electrical engineering from Rice University. He enjoys camping, hiking, reading, and learning.

CONTEMPLATIVE ACTION

John Harvey

Tuesdays

6 weeks

Jan 31—Mar 6

7:00—8:30 p.m.

Materials fee: none

Wynn Stenftenagel



Let your spirit do more than walk as you explore a variety of practices of contemplation. This course will offer experiential opportunities to learn venerable rituals of the early faith community so that you may learn more holistic ways to nurture your spirit and deepen your relationship with God. We will introduce you to six contemplative practices that can be shared with others or enjoyed on your own.

John Harvey has been a Bethany member since 1994. He is the Executive Director of Northwest Counseling & Wellness Center, an outpatient mental health facility. John uses many contemplative spiritual practices in his work with clients to address issues of mood disorder and substance abuse.



Wynn Stenftenagel is a Care Ministries Pastor and Stephen Minister at Bethany. She has participated in and co-led spiritual direction groups for seminary students. She served on the interim steering committee of the Interfaith Environmental Network. She also participated in a Wilderness and Spirituality course.

ABIDING IN CHRIST: THE WAY OF LIVING PRAYER

**Jill Saufferer
Terry Sewell**

Mondays

9 weeks

Jan 30—Mar 26

7:00—8:30 p.m.

Materials fee: \$17



Join us in a spiritual growth process, going through this new workbook from Pastor Maxie Dunnam. To not just learn more about prayer, but for each of us to learn to abide, in relationship with Jesus, so that our prayer and our lives reflect that constant Presence.

Jill Saufferer and her family have been members of Bethany since 1995, and she is one of Bethany's prayer coordinators. Jill feels called to be a prayer encourager and has led several SpiritWalk classes on prayer. She has participated on the Worship Support team and Banner Committee and is on a city-wide team called Austin Kingdom Intercessors.



Terry Sewell has been a member of Bethany since 1986. She has been involved in the prayer ministry at Bethany since its beginning and taught youth Sunday school and youth Disciple and Bethel Bible Study, Confirmation, and adult studies on prayer. Terry and her husband Bill have 2 daughters with families who live in Arlington, Texas.

TOBACCO & SOCIAL JUSTICE

Barry Sharp

Sundays

1 week

Mar 4

6:00—7:30 p.m.

Materials fee: none

Tobacco is the number one preventable cause of death in Texas, the United States and around the globe. It was described by the World Health Organization as the only product that when used as directed will kill the user. It is also a topic found throughout the Social Principles of the United Methodist Church. Tobacco companies target the least, the last and the lost of society and it is those members of our society who suffer the most from tobacco-related diseases that touch nearly every person in the community. This session will focus on the impact of tobacco use as it relates to public health and our Methodist principles and what we can do to prevent this epidemic.

Barry Sharp is a certified master health educator who coordinates the tobacco prevention and control program with the Texas Department of State Health Services. He holds a bachelors from the University of Texas, a master's from Texas State University-San Marcos and has completed the Basic Graduate Theological Studies through Wesley Theological Seminary and United Theological Seminary. He is also a certified candidate for ordination as a deacon in the United Methodist Church focusing on health ministry.

BOUNDARIES: WHEN TO SAY YES, HOW TO SAY NO

David Holloway

Sundays

9 weeks

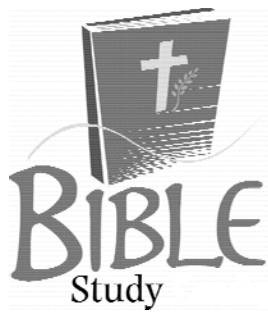
Jan 22—Mar 18

11:00a.m.—12:00p.m. Materials fee: \$10



What are the limits we should place on ourselves, others, and God? When should we really let our "yes be yes, and our no be no?" Henry Cloud and John Townsend have constructed a helpful discussion series for those of us who are looking for personal improvement in our own lives with setting limits on others who try to control us. Certainly many Christians struggle with the uneasy feeling of somehow displeasing God when we set limits on what we will endure with others. This course covers how to set boundaries in our interaction with others, self, and God. Even Jesus had boundaries with others - notice that at times He kept a distance from the Pharisees, other religious leaders, and even His own family. Now if the Savior established boundaries, then why shouldn't we? *Hosted by Crossroads Sunday School Class.*

David Holloway has been part of the Bethany family since 2004 and is a lifelong Methodist. David holds a Masters degree in electrical engineering from Rice University and is an Eagle Scout. He has been involved in the housing ministry working with Hands On Housing and Habitat for Humanity in Austin since 1993. He enjoys camping, hiking, and is an avid reader and learner.



WEDNESDAY NIGHT BIBLE STUDY

Looking for an easy way to join a Bible study? This group meets in the Ministry Center for about an hour each Wednesday evening (at 7:00 p.m.) after Mid-Week Worship. This ongoing class is casual and lively. No advance reading, preparation, book purchase, or registration is needed, just show up! The study is led by **Jimmy Johnson**, a lay-teacher who has taught numerous Bible studies and small groups over the past 25 years. He enjoys studying the Bible, Christian ethics and history, and his passion resides in exploring God's activity in our lives. Contact Jimmy at jjtimes4@austin.rr.com for more information. (Note: This group will not meet during Lent, but will resume the Wednesday after Easter.)



ALPHA

The Alpha Course is an opportunity for anyone and everyone to explore the Christian faith in a relaxed setting over 12 thought provoking weekly sessions. All are welcome at Alpha, regardless of religious background or viewpoints. Alpha is a place where no question is seen as too simple or too hostile. Each evening begins with a light meal and a speaker. The last hour of the evening is spent in small groups which allow an opportunity to ask questions, express opinions, and discuss the topic of the evening. They also provide an opportunity to make friends and to bounce ideas around in a relaxed and non-threatening environment.

Topics covered include: Who is Jesus? Why Did Jesus Die? How Can We Have Faith? Why and How Do I Pray? Why and How Should I Read the Bible? How Does God Guide Us? How Can I Resist Evil? Why and How Should I Tell Others? Does God Heal Today? What About the Church? Who Is The Holy Spirit? What Does the Holy Spirit Do? How Can I Be Filled With the Holy Spirit? How Can I Make the Most of the Rest of My Life?

Join us for our Alpha Kick-Off Celebration Dinner on Sunday, January 29, at 6:00 p.m. in the lobby of the Sanctuary. Come get a feel for what Alpha is like without any obligation to register for the course. Course dates: February 12—April 29, from 5:30-8:00 p.m. in Room D206/207. There is also a one-night retreat as part of the course which is scheduled for March 24 & 25 – you won't want to miss it!

The Alpha Course at Bethany is led by **Sr. Associate Pastor David Minnich** and is supported by a team of volunteers. There is no cost to attend the course and childcare is provided for children 5th grade and younger with advanced reservation. Be our guest for dinner, enjoy a different speaker each week, and experience fellowship and sharing in a small group! For questions contact Amy Cannon at 258-6017 or email amy.cannon@bethany-umc.org



WOMEN'S MINISTRY

Women's Ministry at Bethany offers a variety of opportunities for women of all ages to experience God's love, know Jesus Christ, and grow in His image. These opportunities include Bible Studies, United Methodist Women's circles, retreats, Pearls of Wisdom Book Club, M.O.M Time, Mom to Mom, and a women's Sunday School class. For more information about Women's Ministry, see www.bethany-umc.org.



THE GREAT ADVENTURE

Join the Men of Bethany for “The Great Adventure” on Tuesday mornings at 6am in the Fellowship Hall starting September 20th! There will be coffee and breakfast for all men who attend.

The Great Adventure explores a man and his world beyond the everyday. This study puts the roof on the house of masculinity and creates a vision for a man's future and destiny. This study will help men rediscover the adventure in life through a greater understanding of who they are. Men will uncover the uniqueness they have as a man and discover a satisfying life focus. It will challenge men to consider several important questions they are continually asking themselves:

- "Who am I?"
- "What are my life dreams in life?"
- "Do I have courage to pursue those dreams?"

Never has another manhood curriculum challenged men to live life to the fullest like The Great Adventure. It will take them on a journey that leads to significant personal discoveries about who they are and where they are going in life.

Contact Todd Bryant for more information on this fantastic study. (512) 633-0220 or todd.c.bryant@gmail.com



MOM TO MOM

Mom to Mom is a ministry rooted in God's directive found in Titus 2:3-4. It is a safe place for Christians and non-Christians, married moms and single moms, to share the joys and frustrations of motherhood and to explore the purposes and promises God gives to parents. Mom to Mom provides an oasis in the frenzied weeks of busy moms—a place where they are:

- ☼ Better equipped for parenting through biblically based instruction
- ☼ Encouraged by sharing with other moms who are confronting similar challenges
- ☼ Energized by the loving support of both more experienced mothers and their own peers.

Class sessions begin with a fellowship time, followed by video teaching and then small-group discussion. The teaching centers around parenting and marriage and is designed to be both a place of nurture for committed Christians as well as a welcoming place to bring community friends who are new to the Bible. Small groups are led by more experienced “mentor” moms. We hope to include moms and grandmothers with kids of all ages to provide support and community for each other. This interaction is the backbone of the program.

We meet on 1st, 3rd and 5th Thursdays. There is a morning group, 9:30-11:30 a.m., and an evening group, 6:30-8:30 p.m. Cost is \$20 for the study book. Childcare is available upon request for a small fee.

Please contact Elizabeth Nettles at elizabeth.nettles@bethany-umc.org or 258-6017 x270 for more information or to register.

SpiritWalk Registration Form

(One form per person, please.)

Please Print:

Registration Date: _____

Total Materials Fees (if any): _____

cash \$ _____ ck # _____

Name: _____

Address: _____

City/Zip: _____ Phone: _____

Email: _____

Names/Ages of Children needing Child Care (provided upon request):

1. _____ Age _____

2. _____ Age _____

3. _____ Age _____

**Charge is \$3 per child per class date (\$6 family max per date), payable at registration.
Payment envelopes are also available outside the Nursery, room F108.**

Courses (listed alphabetically)

Abiding in Christ: The Way of Living Prayer

Mondays, Jan 30—Mar 26 7:00—8:30 p.m. \$17

Alpha

Sundays, Feb 12—Apr 29 5:30—8:00 p.m.

see description for date details

Bible Overview

Wednesdays, Jan 25—Feb 1 7:00—8:30 p.m.

Boundaries: When to Say Yes, How to Say No

Sundays, Jan 22—Mar 18 11:00 a.m.—12:00 p.m. \$10

Contemplative Action

Tuesdays, Jan 31—Mar 6 7:00—8:30 p.m.

Doing Justice

Sundays, Jan 22—Feb 19 1:00—2:30 p.m.

Faith and Science

Thursdays, Jan 19—Mar 8 7:00—8:00 p.m. \$10

Financial Peace University

Thursdays, Jan 19—Apr 19 7:00—9:00 p.m. \$100

GriefCare: Life After Loss

Sundays, Jan 29—Apr 1 3:30—5:30 p.m. \$5

Laugh Your Way to a Better Marriage

Sundays, Jan 22—Feb 19 6:00—7:30 p.m.

Micro-Lending to the Poor

Sundays, Feb 12—26 1:30—2:30 p.m. \$15

Powerful Tools for Caregivers

Wednesdays, Feb 1—Mar 7 10:30 a.m.—12 noon

Preparedness Peace

Wednesdays, Feb 8—Mar 21 7:00—9:00 p.m. \$48

The Revelation

Mondays, Feb 6—Mar 26 7:00—8:45 p.m. \$15

ReWYRE: "Rebuilding When Your Relationship Ends"

Sundays, Jan 22—Apr 1 6:00—9:00 p.m. \$75

Seminar for Class Facilitators

Sunday, Jan 15 1:30—3:30 p.m.

Tobacco & Social Justice

Sunday, Mar 4 6:00—7:30 p.m.

The Twelve Apostles

Sundays, Feb 19—26 9:30—10:30 a.m.